

# Capacity Building: Colleague to Colleague and School to Home

We really appreciated participation by West Bay Elementary School at the recent CSRI Round Table. They shared their own work and spoke of the efforts of other leading sites in West Vancouver School District, a lighthouse organization that has embedded self-regulation as one of its pillars for student success through effective governance, leadership and management.

West Bay has engaged with the self-regulation framework in a significant way over the past 2+ years. The team has created focused staff development, strategy sharing and resource development to enhance their understanding and application of self-reg. As is true for implementing any significant initiative, there is also a culture of supported risk taking and collegial appreciative enquiry in their journey. Another essential element is its effort to engage parents in an understanding and application of self-regulation to bring neurophysiology to the classroom and the home.

Quality home-school links rely on many factors, not the least of which is common language that is well understood by parents and staff. The attached Domains Chart, based on the work of Dr. Stuart Shanker, is an example of that. Take a look at the clear and comprehensive overview it provides and imagine how this resource can be a highly effective aid to home-school communications.

Thanks to West Bay Elementary for sharing. We will post examples from other West Vancouver schools and from sites around the province over the next few weeks. Capacity building is a shared effort and all learners should benefit.

See our Resources page for the Domain Chart