

Trauma-induced Behaviours and a Better Way Forward

A recent Seattle Times article highlighted just some of the work going on to develop a more positive, humane and successful approach to our most complex youngsters. The old paradigm regarding behaviour, punishment and willfulness is finally fading. We know more about the brain, the impact of stressors and the profound challenges faced by kids who have experienced trauma, direct or intergenerational. The title of the article ***You Are More Than Your Mistakes*** sets the stage for a thoughtful approach and a hopeful future. See the article [here](#).